Support Services EFA 5155

## **Availability and Distribution of Healthy Foods and Beverages**

The School District will support the availability and distribution of healthy foods and beverages in all school buildings during the school day.

The Superintendent or his/her designee is responsible for ensuring that all foods and beverages distributed within the district meet nutritional standards established by state and federal law relative to: (1) nutrient density; (2) portion size; and (3) nutrition targets, as defined in pertinent law.

The Superintendent or his/her designee is responsible for implementing developmentally appropriate opportunities to learn food preparation skills that support nationally recognized research-based nutrition standards. The Superintendent or his/her designee is responsible for providing annual communication information about the policy and procedure and related curricula to the school community.

## **Legal References:**

7 CFR 210.10, Nutrition Standards And Menu Planning Approaches For Lunches And Requirements For Afterschool Snacks

NH Department of Education Administrative Rules, Section Ed 306.04(a)(21)

NH Department of Education Administrative Rules, Section Ed 306.11(g), (h)

Approved: 01/07/14

PRC: 06/05/18 (Reviewed, no change)